

There are a range of organisations and groups offering support including.

**Wellbeing in Mind Team**, are an NHS service who work within Woodlands Academy to provide mental health advice and support to pupils, staff and parents. A key role of the WIMT is to provide evidence-based interventions for mild to moderate mental health issues. The WIMT are also available to support the senior mental health lead to develop their whole school approach. Furthermore, the WIMT are there to provide advice and support to staff and pupils, as well as liaising with professionals to give each and every young person the opportunity for timely mental health support throughout their time at Woodlands Academy.

**Learning Disability Service**, support children and young people with a learning disability, and those who support them (parents, school staff, carers etc), to develop strategies and approaches and understanding of the child's needs.

This may be in areas such as:

- Behaviour that is a challenge
- Growing up and understanding change (both physical and emotional)
- Socio sexual health
- Sleep
- Dealing with emotions
- Anger
- Developing a pain profile
- Transitions
- Developing communication tools for home including social story based work to help people understand process.

Their aim is to enable children and young people with a learning disability to maximise their potential and have fair and equal access to health care

**Children & Adolescents' Mental Health Services (CAMHS)**, a group of providers specialising in children and young people's mental health wellbeing. They deliver support to children, young people and their families, whilst working with professionals to reduce the range of mental health issues through prevention, intervention, training and participation.

**Compass Buzz**, a project that aims to improve the mental health and wellbeing of children and young people aged 5-18 (25 with SEND) in schools across North Yorkshire. Compass BUZZ works (free of charge) with North Yorkshire schools to increase the skills, confidence and competence of staff dealing with children's emotional and mental health concerns through delivery of tiered training sessions and professional consultations, expert advice and guidance.

**Compass Reach**, a charity providing health and wellbeing services for children, young people, adults, families and communities. Their services respond to a wide range of people's physical and mental health needs, and lifestyle behaviours such as smoking, drugs and alcohol, sexual health, emotional health, healthy eating and healthy relationships:

- **Universal services** – school nursing and mental health services to school aged children and families delivering prevention and early help initiatives including screening, promotion, professionals' training and 1:1/group support
- **Targeted services** – early help services for people at risk of developing additional health and wellbeing needs resulting from risky lifestyle behaviours. Includes aftercare support for people finishing specialist treatment.
- **Specialist services** – Behaviour change interventions for people needing more structured care via a range of talking therapies and prescribing services Includes applications for residential rehabilitation and inpatient detox