



## Parent Wellbeing Questionnaire – ‘You Said’ ‘We Did’ November 2021

Key:  1.0-2.9       3.0-3.9       4.0-5.0


### I have been informed about the Wellbeing Award for schools and what is involved in achieving it.

You said	Key	We Did
<ul style="list-style-type: none"> <li>I was at a meeting</li> <li>School informed me</li> <li>I was sent an email</li> <li>Newsletter, website</li> <li>I don't know about it</li> </ul>	3.8 	<ul style="list-style-type: none"> <li>Sent an update in December.</li> <li>Updated on the website</li> <li>Sent letters about the Wellbeing Award.</li> </ul>


### I have a good understanding of the importance of emotional wellbeing and mental health on my child's performance in school.


You said	Key	We Did
<ul style="list-style-type: none"> <li>I'm sure she feels safe.</li> <li>All children should feel safe and happy.</li> <li>My son is very happy at school</li> </ul>	5 	<ul style="list-style-type: none"> <li>Organised parent session with Wellbeing in Mind Team</li> <li>Parent groups available in person or virtually</li> <li>Facebook/class dojo to provide photos, feedback, suggestions.</li> <li>Resources, strategies and signposting page on the website for parents to access.</li> </ul>


### I understand my contribution in promoting emotional wellbeing and mental health within the school.


You said	Key	We Did
<ul style="list-style-type: none"> <li>I contact the 'home to school' advisor</li> <li>Teacher is fantastic, she is always there even for me!</li> <li>All staff are available to talk to</li> </ul>	4.8 	<ul style="list-style-type: none"> <li>Continue to ensure communication is a strength.</li> <li>Organised parent meetings and training, including emotions and anxiety by the WIM Team.</li> <li>Ensure that this is discussed at annual reviews and parent's evenings.</li> </ul>


### Everyone involved with the school needs to support and look out for each other when it comes to emotional wellbeing and mental health.


You said	Key	We Did
<ul style="list-style-type: none"> <li>I can count on support if any problems</li> <li>Good communication</li> <li>Yes, very supportive</li> </ul>	4.8 	<ul style="list-style-type: none"> <li>Continue to support – home school books, DOJO, emails, phone calls, Annual Reviews</li> <li>Parent groups with the chance share experiences and support each other as parents.</li> <li>Website and Facebook promoting courses and support.</li> <li>During lockdown, regular welfare phone calls and visits.</li> </ul>


The school really cares about the emotional wellbeing and mental health of everyone involved with the school.		
You said	Key	We Did
<ul style="list-style-type: none"> <li>School has really supported my child when he suffered with anxiety.</li> <li>My child suffers with emotions but she is coming along brilliantly thanks to everyone.</li> <li>Great communication between parents and staff.</li> </ul>	4.8 	<ul style="list-style-type: none"> <li>Continue to support parents and communicate about the emotional wellbeing and mental health of their child.</li> <li>Organised parent training by the WIM team – Ways to support my child’s emotions.</li> <li>Regular welfare checks.</li> </ul>

It is clear that emotional wellbeing is valued and important across the school.		
You said	Key	We Did
<ul style="list-style-type: none"> <li>Yes, it is clear that school implements lessons about this.</li> <li>New to school but for the first time we feel supported.</li> </ul>	4.8 	<ul style="list-style-type: none"> <li>Continue to share activities and events with the use of newsletters, Facebook and emails.</li> <li>A dedicated section on the website for wellbeing.</li> <li>Active presence on Facebook Celebrations on successes and signposting to activities and resources.</li> </ul>

The school encourages parents to be open about how they and their children feel.		
You said	Key	We Did
<ul style="list-style-type: none"> <li>They always ask how we are.</li> <li>Parent support group – my first within a school setting</li> </ul>	4.8 	<ul style="list-style-type: none"> <li>Continue to have an open dialogue with parents.</li> <li>Continue to organise parent groups.</li> <li>Parent feedback – annual reviews parent groups / parent evenings</li> <li>Parent / pupil voice at annual reviews.</li> </ul>

If needed I would feel comfortable about talking about my own emotional wellbeing and mental health with the school.		
You said	Key	We Did
<ul style="list-style-type: none"> <li>Yes, feel supported and comfortable.</li> <li>I have when needed to.</li> </ul>	4.7 	<ul style="list-style-type: none"> <li>Continue to encourage open dialogue about wellbeing and mental health.</li> <li>School Support Advisor available.</li> <li>Continue to ‘signpost’ support and advise.</li> <li>Regular welfare checks with families who need it.</li> </ul>

If needed I would feel comfortable about talking about my child's emotional wellbeing and mental health with the school.		
You said	Key	We Did
<ul style="list-style-type: none"> <li>• Yes, because it helps school teachers to understand my child.</li> <li>• I have always spoken to them.</li> </ul>	4.8 	<ul style="list-style-type: none"> <li>• Continue to have an open dialogue with parents.</li> <li>• Openly discussed at annual review.</li> <li>• Various ways for parents to contact staff. Dojo, email, phone, home school book, drop offs, pick ups.</li> </ul>

The school seeks out and listens to my views and needs about it's approach to emotional wellbeing and mental health.		
You said	Key	We Did
<ul style="list-style-type: none"> <li>• Because Woodlands have meetings for parents so this is discussed.</li> <li>• New to school but feel very involved and informed.</li> <li>• I know my child is very well looked after, the staff couldn't do anymore.</li> </ul>	4.4 	<ul style="list-style-type: none"> <li>• Continue to send questionnaires to parents annually.</li> <li>• Continue to update parents about wellbeing strategy and action plan.</li> <li>• RSE survey as part of the consultation to gain parent views in relation to the renewed policy. This is all available on the website.</li> </ul>